

Attachment

1. Close Contacts

Who is a 'close contact'?

A 'close contact' refers to an individual with whom you (the person who has tested positive) came into close contact during the period from two days before the onset of illness (or two days before the date of testing if asymptomatic) to the date the positive result was confirmed. Close contacts include:

- Those who live with you or who have been in contact with you (in a car, plane, etc.) for an extended period.
- Those who have spent 15 minutes or more within 1 meter of you without taking preventative measures against infection, such as wearing a mask. (When in enclosed spaces, those who have spent less than 15 minutes with you are also considered a close contact.)
- Those who have examined, nursed, or provided care for you without taking the appropriate preventative measures against infection.
- Those who, in taking care of you, likely came into direct contact with active contaminants, such as airborne droplets and/or bodily fluids.

Source: National Institute of Infectious Diseases. Manual for Active Epidemiological Surveillance of Patients with Novel Coronavirus Infection.

Examples of individuals who are considered close contacts:

(1) . A person is considered a close contact if they spent over 15 minutes within one meter of you in the following situations, even if one of you were wearing a mask:

- One of you was wearing a mask incorrectly (not covering the nose or mouth).
- In a classroom, etc. with you.
- Eating or drinking with you.
- Engaged in physical activity, such as sports, with you.
- In a small, poorly ventilated meeting space with you.
- In a bus, car, shared outdoor smoking area, etc. with you.

(2) . Even if two individuals were both wearing masks, they would be considered close contacts in the following situations.

- Those who have been in an enclosed environment with poor ventilation with you for an extended period (including time spent in a car).
- Those who have engaged socially in largely vocal activities with you in poorly ventilated spaces, such as karaoke or some student club activities.
- Those who live with you or have shared the same overnight accommodations.

Although not included in the requirements in the box above, it falls under the category of 'Close contacts'

※One hour or more is considered 'an extended period'.