



Tohoku University School of Engineering Guide to Counseling Services

Definition of the Counseling Room:

The Counseling Room staff's aim is to help students and faculty staff lead a fulfilled academic life.

There is a clinical psychologist to provide Brief treatment (counseling) and consultations for those who seek advice to cope with your problems. Individuals, family members and friends are welcomed.

Having problems?

- Lack of motivation, feeling depressed
- Trouble with human relations (teacher, friends, lover)
- Personality changes
- Anxiety and worries of academic performance
- Physical and/or mental health problems

Don't hesitate to seek consultation of any other problems.

Teachers, academic advisors are also welcomed to consult about students.

Requirements:

You need to make an appointment prior to your visit. You can walk-in, phone or e-mail to make an appointment. You may visit without an appointment but depending on the hour, there may not be any vacancy.

Location: Room 509, 5th floor, Administration Building

Office Hours: Mondays & Wednesdays & Thursdays & Friday 9:30-16:30

Appointment Hours: Monday thru Friday 9:00-16:00

Contact point:

Phone: 022-795-5044 (Direct line to Receptionist)

E-mail: eng-counsel@grp.tohoku.ac.jp

Note: Consultation by e-mail is not available.

Consultation: Free of charge

Confidentiality : Contents of the consultation will not be disclosed.